

Grip Size & Fit Chart

Correct fit is important to make sure your grips last and provide proper protection. Measurements vary for each grip, so please make sure you are measuring for your exact grip.

Note: If the measurement falls in between 2 sizes, select the smaller size (the grips will stretch).

Always keep an extra pair of broken-in grips on hand, so you're competition-ready.

Reisport Uneven Bar Grips (Women)

How to Measure: From base of palm to tip of middle finger.

Fit: Finger holes slide only to first knuckle.

Size (Buckle or Hook-and-Loop)	Measurement
XXS (00)	Up to 5.5"
XS (0)	5.5" - 6"
S (1)	6" - 6.5"
M (2)	6.5" - 7"
L (3)	7" - 7.5"
XL (4)	7.5" and up